
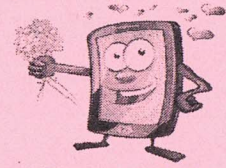



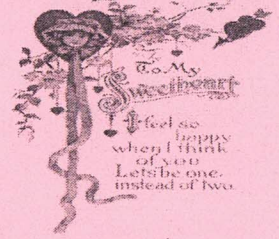



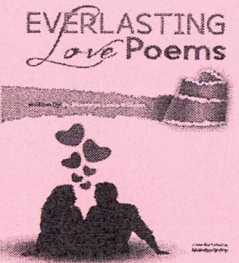



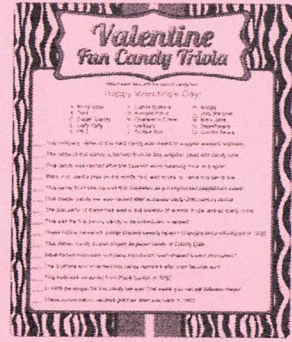



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|--|--|--|
| <p>TUCK SHOP HOURS</p> <p>TUESDAY THURSDAY SATURDAY</p> <p>1:30 P.M. -3:30 P.M.</p>  | <p>Valentine's Day Joke</p> <p>Q: How did the phone propose to his girlfriend on Valentine's Day?</p> <p>A: He gave her a ring.</p>  | <p>Birthstone <i>AMETHYST</i></p> <p>for the Month- Amethyst</p>  <p>Flower for the Month- Violet, Begonia or Primrose (Sincerity, Security, peace of mind)</p>  <p>Zodiac for the Month- Aquarius, Pisces</p> | <p>FEBRUARY IS HEART & STROKE AWARENESS MONTH!</p>  <p>HEART & STROKE FOUNDATION OF CANADA</p> <p><i>Finding answers. For life.</i></p> | <p>Valentine Poetry Contest</p> <p>Submit one original valentine poem from February 3rd to February 11th</p>  | <p>VOTING FOR VALENTINE KING & QUEEN FEBRUARY 8th - FEBRUARY 13TH</p> <p>Winners will be crowned at the Valentine's Day Party!</p>  | <p>1</p> <p>9:00 A.M. Foot Care Nurse (hairdresser salon)</p> <p>3:00 P.M. Rosary (3rd floor lounge)</p>  <p>Groundhog Day</p> <p>Today is groundhog day!</p> |
| <p>2</p> <p>9:30 A.M. Village Church (3rd floor lounge)</p> <p>6:30 P.M. Black Jack Night (3rd floor lounge)</p>  | <p>3</p> <p>10:00 A.M. Wii Bowling (3rd floor lounge)</p> <p>1:30 P.M. Bingo with Bev & Linda (3rd floor lounge)</p> <p>Submit one original Valentine Poem today!</p>  | <p>4</p> <p>9:45 A.M. Exercise Class (3rd floor lounge)</p> <p>1:30 P.M. Heart & Stroke Awareness In - Service (3rd floor lounge)</p> <p><i>Take care of your Heart</i></p>  | <p>5</p> <p>9:30 A.M. Fall Prevention Class (3rd floor lounge)</p> <p>1:30 P.M. Bingo with Debbie & Linda (3rd floor lounge)</p> <p>3:30 P.M. Yoga Class (3rd floor lounge)</p>  | <p>6</p> <p>10:00 A.M. Heart & Stroke Coffee Break (main lobby)</p> <p>2:15 P.M. Fall Prevention Class (3rd floor lounge)</p>  <p>VOTING FOR VALENTINE KING & QUEEN STARTS TODAY!</p> <p>Hairdresser Day!</p> | <p>7</p> <p>9:30 A.M. RC Communion (3rd floor lounge)</p> <p>10:15 A.M. Big Money Bingo (3rd floor lounge)</p> <p>1:30 P.M. Valentine's Day Trivia (3rd floor lounge)</p>  | <p>8</p> <p>9:45 A.M. Euchre with Bev. K (3rd floor lounge)</p> <p>3:00 P.M. Rosary (3rd floor lounge)</p>  <p>FEBRUARY</p> |

